Your Aftercare Calendar

Begin by marking off the day your ears were pierced in week 1, and continue marking off each day for 6 weeks if your earlobes have been pierced and 8 to 12 weeks if your cartilage has been pierced.

*PIERCED EARS AND CARTILAGE START HERE ▸

	mon	tues	wed	thurs	fri	sat	sun
WEEK 1							
WEEK 2							
WEEK 3							
WEEK 4							
WEEK 5							
WEEK 6							

*PIERCED CARTILAGE CONTINUE ▸

	mon	tues	wed	thurs	fri	sat	sun
WEEK 7							
WEEK 8							
WEEK 9							
WEEK 10							
WEEK 11							
WEEK 12							