

Congratulations

on your new ear piercing

name, date ☐ Cartilage

EAR PIERCING *after care procedures*

WASH HANDS

Wash hands thoroughly before touching studs or ear.

CLEANSE EARS

Cleanse front and back of the ear 3 times a day with CLAIRES After Piercing Solution without removing the studs. In between cleansing, the ear should be kept DRY.

ROTATE EARRING

Rotate 2 to 3 times, 180° left and 180° right ie. A half turn only, thus avoiding hair wrapping around the post at the back of the lobe/cartilage.

ADDITIONAL INSTRUCTIONS

Keep hair spray, soap, shampoo and other preparations away from the ear. After shampooing, the ear should be rinsed with clear water and then cleansed with CLAIRES After Piercing Solution as described above.

The pierced area should be CLEANSED with CLAIRES After Piercing Solution then kept DRY, especially after bathing, swimming or exercise.



#MYCLAIRSPIERCING | CLAIRE.COM/EARPIERCING

DO

- ✓ Leave studs in the ears for 6 weeks continuously (12 weeks for cartilage).
- ✓ After 6 weeks (12 weeks for cartilage), or using Rapid care solution 3 weeks for lobe (8 weeks for cartilage) the stud can be removed and other post-type earrings may be worn continuously.
- ✓ Use only post-style earrings continuously for the first 6 months from piercing. The post should be a surgical grade of stainless steel or other hypo-allergenic material.

Minor pain / redness may occur immediately – this is normal. This will settle within 48 hours provided proper after – care is carried out. If undue pain / swelling / redness occurs at any time, seek medical advice before removing the ear-piercing stud.



TOO TIGHT



CORRECT

DO NOT

- ✓ Push the butterfly along the post towards the ear – the butterfly must always be positioned at the tip of the post. Feel the position each time you clean the ear – it must feel smooth. This ensures that the earring remains LOOSE during the healing period. This is essential as tight earrings may lead to inflammation.
- ✓ Remove studs or handle your ears and / or studs unnecessarily.





EAR CARTILAGE

Due to the nature of ear cartilage, extra care should be observed during the healing period.

Minor pain / redness may occur immediately -this is normal. This will settle within 48 hours provided proper after-care is carried out. If undue pain / swelling / redness occurs at any time, seek medical advice immediately. Do not remove studs before taking the relevant medical advice.

Failure to properly follow the after-care procedure or to seek immediate medical advice, should a problem occur, may result in permanent damage to the ear cartilage.

USING RAPID CARE SOLUTION

Leave ear piercing earrings in your ear for at least 3 weeks (8 weeks for cartilage). After 3 weeks (8 weeks for cartilage), the ear piercing earrings can be removed and other post type earrings can be worn. Post earrings must be worn at all times for the first 6 months (12months for Cartilage) to ensure that your ear piercing will remain the proper size.

Use this calendar to track the care of your new piercing during the next 3-12 weeks. Begin by marking off the day your ears were pierced in WEEK 1, and continue marking off each day to track your care. After care times may vary from person to person.

	1	2	3	4	5	6	7
WEEK 1							
WEEK 2							
WEEK 3							
*STOP AFTER WEEK 3 IF USING RAPID AFTER CARE CLEANSER ON EAR LOBE PIERCING ONLY.							
WEEK 4							
WEEK 5							
WEEK 6							
*STOP AFTER WEEK 6 IF USING STANDARD EAR CARE SOLUTION ON EAR LOBE PIERCING ONLY.							
WEEK 7							
WEEK 8							
*STOP AFTER WEEK 8 IF USING RAPID AFTER CARE CLEANSER ON EAR CARTILAGE PIERCING ONLY.							
WEEK 9							
WEEK 10							
WEEK 11							
WEEK 12							
*STOP AFTER WEEK 12 IF USING STANDARD EAR CARE SOLUTION ON EAR CARTILAGE PIERCING ONLY.							

Remember! Clean your piercing
THREE TIMES A DAY!

MASKS / FACE COVERING

Both disposable and reusable masks with fabric or elastic looping around the ear can become dirty quickly and could affect the healing environment for your piercing. Take the following precautions:

- ✓ Take extra care when putting on or removing a mask or face covering. Gently lift the loops away from the ear ensuring plenty of space to avoid catching the stud front or butterfly back. Always wash your hands and cleanse the piercing site after removing a mask or face covering.
- ✓ Additional care is advised for cartilage piercing where it may be easier for both hair and any elastic / fastening for a face covering to come into regular contact.
- ✓ Younger children may be tempted to touch the mask more, especially elastic that loops behind the ear. Plastic hair clips can be used to grip the elastics away from the ear offering more comfort post-piercing.
- ✓ Reusable masks should be washed daily to reduce the risk of the new piercing site becoming unclean.



Please visit **claires.com** for more Ear Piercing information

Thank you for getting your ears pierced at **claire's**
Don't forget, you can get
20%
OFF YOUR ENTIRE PURCHASE TODAY ONLY!*

*ask an associate for details.

Coupon not valid on the purchase of Ear Piercing or Gift Cards.